Lyrics

FLYING FREE (Gentle Gifts for the Child)

Music and Lyrics of all songs by Judy Armstrong From the recording, *FLYING FREE (Gentle Gifts for the Child)* © & ®1996 Judy Armstrong (SOCAN)

Be A Child

Remember ... remember ... remember ...
You have never left home, my beloved
Listen to your heart, little one
Live in the Presence of your knowing
And remember ... remember ... remember

Be a child, be a child, find your dreams in the child Bringing wonder to all that you do All the angels will smile as they watch over you Be yourself. Love your little child

Be a child, see the child, be a beautiful child For you know what it's like to be free All the music surrounds you, just feel it, and Be Little one, always be a child

Remember, remember, the place you call Home Remember forever with all of your soul

Be a child, free the child, find your heart in the child Bringing knowingness ancient and rare You have always been beautiful, wondrous and fair Your destiny is to be a child

Your Song of Love

Little child nestled in my arms
You are safe and warm
Little baby with all your charms
How I bless the day you were born
Little one with the shining eyes
You share the gifts you are bringing
Little child keep on singing
Your song of love

Little child how I wanted you
And now you're here
Little one when I look at you
I hear music from the spheres
Little one with your knowing smile
You make ev'ry moment entrancing
All the angels are dancing
Your song of love

Little baby, you bring more joy Than I've ever known Little one when you sing your joy You bring memories of home Little on, if I'm feeling sad

Music and Lyrics of all songs by Judy Armstrong From the recording, *FLYING FREE (Gentle Gifts for the Child)* © & ®1996 Judy Armstrong (SOCAN)

Heartbeat

Listen to, your heartbeat
The answers lie within you
They're always true
Breathe into, your heartbeat
Feel all the love that's in you
In all you do

BRIDGE

Mother earth, will teach you to respect all living things Father sky, will show you just what giving brings

Feel your own, heartbeat, heartbeat All is known, inside of you

Swaying to, your heartbeat The rhythm flows within you And all is well Breathe into, your heartbeat The fire glows within you Where Spirit dwells

BRIDGE

Touch the earth, her beating is the very heart of you Hear the blowing wind, know it is a part of you

Feel your own heartbeat, heartbeat All is known, inside of you

BRIDGE

Little child, just receive, you have all you'll ever need Wind and fire, water, earth, join the call to claim your worth

Listen to, your heartbeat
The answers lie within you
It's here to guide you
Feel your own heartbeat, heartbeat
All is known, inside of you
All is known, inside of you
Heartbeat, heartbeat, heartbeat ...

Music and Lyrics of all songs by Judy Armstrong From the recording, *FLYING FREE (Gentle Gifts for the Child)* © & ®1996 Judy Armstrong (SOCAN)

Mother's Home

Mother's home, my love, Mother's home little one It's all right to soar, testing your wings Reaching for more Little one, I'm still here\Little one, have no fear Little on, Mother's always home

Mother's home, believe, Mother's home, just receive As you start to see love all around It's only me Mother's home, I Am Here Mother's home, dry your tears Little one, Mother's always home

Little one, A Am Here Little one, dry your tears Little one Mother's always home Little one Mother's always home

The Song in your Heart

Give us the melody that sings in your soul Give us the poetry that we long to know The children will lead you to the song in your heart

Give us the secrets you carry inside Give us the words you no longer can hide Come out, we all need you and the song in your heart

Come out now, my love, you were born for creating Come out, my love, we are waiting

Give us the feelings you're keeping inside Give us the tears that you're longing to cry The angels are near you with a song for your heart Give us the dance that you want to begin Give us the laughter you're holding within The world needs to hear you and the song in your heart

It's time now, my love, light beams surround you Time now my love, we have found you

Take all the treasures you always have known Give them to heaven and you'll bring us home Precious gems that you're bringing, you've had from the start

The gift is you singing the song in your heart

Follow Your Dream

My little baby, you are so wise When I look at you I see the moonlight Shining in your eyes Where do you come from, I wonder where Do you live in light beams from the morning star Is it peaceful there

Follow your dream, my baby
Flowing along where spirit guides you
Taking you where your soul will find you
Stand free as you grow
Remember to live by the truth of what you know

My little angel, my radiant star Miracle of mine, you're the perfect child Just the way you are

Follow your dream, my baby Flowing along where spirit guides you Taking you where your soul will find you Hold on to the beam of Love And live in sunlight, bathing in the One Light And follow, follow your dream

Music and Lyrics of all songs by Judy Armstrong From the recording, *FLYING FREE (Gentle Gifts for the Child)* © & ®1996 Judy Armstrong (SOCAN)

My Little Babe

My little babe, you are so bonny And you are loved, dear child of mine My little one, you are my only Dear little babe, you are so fine

I look at you and I see starlight And realms beyond the earthly sphere You're bringing through such love and wonder Message of peace for all to hear

All the world will need you, nurturing the earth And your heart will lead you Wondrous songs will immerse Felt through all the universe

My wish for you is that you'll always Be truthful to your hearts desire And listen to music within you Your voice will fill a heav'nly choir

Melodies within you are the soul of love And the song that's in you Mothering, coloring Feeds us with the joy you bring

My little babe, while you are sleeping I look into your lovely face Your guardian angel is safely keeping Each breath you take is bathed in grace

Give us All

Give us all of your vision little one Let your soul rebirth Give us all of your vision little one And you will heal the earth

Give us all of your song, my little one Like a lustrous pearl Give us all of your song, my little one And you will heal the world

Cradle Mother Earth, welcome her into your open arms

Give us all of your love, my little one Let your heart unfurl Give us all of your love, my little one And you will heal the world

Give to someone else as you give to yourself

Give us all of your trust, my little one Let your fears dispel Give us all of your trust, my little one And you will heal yourself

From your Wholeness, all the people will be healed

Give us all of your dance, my little one Know your worth and stand tall Give us all of your dance, my little one And you will heal us all You will heal us all

Music and Lyrics of all songs by Judy Armstrong From the recording, *FLYING FREE (Gentle Gifts for the Child)* © & ®1996 Judy Armstrong (SOCAN)

Sleep My Child, Sweet Sleep

Now the sky begins to fade Stars peep through the growing shade Soon to bathe in silvery light As darkness brings the soft cool night

Little child, your head will rest On bosoms warm, your brow caressed Lulled by words of love and praise Sung so softly, the lilting phrase

Now you sleep, a babe at rest While in dreams your soul is blessed All is love, my blessings keep Sleep my child, sweet sleep

Little child, your head will rest On bosoms warm, your brow caressed Lulled by words of love and praise Sung so softly, the lilting phrase

Now you sleep, a babe at rest While in dreams your soul is blessed All is love, my blessings keep Sleep my child, sweet sleep

Quietly

Dearest child, born of Light
Listen to the song in your heart
For your song, dear one, is the song of Life Itself
It is the song which brings healing to all the earth
Your Song is your gift
Give it freely and Be Who You Are
And remember, quietly, quietly

Quietly, close your eyes, wish on the evening star Quietly, know that I love everything you are Little baby, blessed child of Light I will sing for you quietly through the night

Quietly, counting sheep, breathing so peacefully Quietly, go to sleep, you are so dear to me Feel the love now, lift up high to see All the beautiful colors Blending so quietly

Go inside quietly, peacefully still your mind Know inside, quietly, listen to all you find See the beauty, drift and fly to see That your loved ones Dream with you Quietly