

Lyrics ♪ *Let Your Heart Sing* Written and Recorded by Judy Armstrong

Let Your Heart Sing

Music and Lyrics by Judy Armstrong
From the recording, *LET YOUR HEART SING*
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Let your heart sing to the magic
Let your heart ring through the rhythm of the day
Let your heart bring all the magic
Open up and be,
Feel the freedom when you let your heart sing

Oh let your heart shine to the magic
Let your heart rhyme with the rhythm of the spheres
Let your heart find all the magic
Open up to being,
Feel the freeing as you let your heart sing

Dance to the rhythm of your song
Feel your movin' body growing stronger
Feel the beginning of a whole new birth
Come on and sing your love song for this earth

Let your heart sing to the magic
Let your heart ring through the rhythm of the day
Let your heart bring all the magic
Open up and be,
Feel the freedom when you let your heart sing

Let the music heal with the joy of sound
'Cause when you sing from your heart, the love comes around
See the many colors the music brings
Feel your song of love awakening

Let your heart sing to the magic
Let your heart ring through the rhythm of the day
Let your heart bring all the magic
Open up and be,
Feel the freedom when you let your heart sing

Let your heart shine to the magic
Let your heart rhyme with the rhythm of the spheres
Let your heart find all the magic
Open up to being,
Feel the freeing as you let your heart sing

It takes one choice to find a new way
It takes just one voice to reach out and say
It takes one heart willing to be strong
Come on and feel the music, sing your song

Let your heart sing to the magic
Let your heart ring through the rhythm of the day
Let your heart bring all the magic
Open up and be,
Feel the freedom when you let your heart
Sing, let your heart sing to the magic
Let your heart ring through the rhythm of the day
Let your heart bring all the magic
Open up and sing, let your heart ring, open up and bring
Open up and see, open up and be
Feel the freedom when you let your heart Sing!

Just Imagine

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Just imagine all the hands that reach out could touch
Imagine all the hearts that are crying so much
Are open now to love and all of us are friends
Just imagine our mother earth singing, singing again

Imagine as we open now, the healing has begun
Imagine all the children as they play beneath the sun
Imagine we are opening and bending with the wind
Just imagine as we open now, let the dance and rhythm begin

Imagine that we're open now to choose the easy way
Imagine that we're open now to trust, let come what may
Imagine as we open, we can see the heavens above
Just imagine as we open now, we make a choice, a choice for love

Imagine that we're open now, we've laid our hurts aside
Imagine that we're open now, we've stopped our foolish pride
Imagine that we're open, being all that we can be
Just imagine we're open now to live our destiny

Imagine with our minds, we can create this world anew
For whatever we imagine with our hearts, it can come true
Imagine we can choose to live and love, we all know how
Just imagine how the earth will sing as we all open now

Imagine we can choose to live and love, we all know how
Just imagine how the earth will sing as we all open now

Life Can Be Easy

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Life can be easy
Life can flow along
If you choose the easy way to go home

You can soar through the skies
If you're wise
You can choose the easy way to go home

Time to let down, because keeping the pain is a habit
Now you can choose to let go now, and Have it All

Life can be easy
You don't have to struggle no more in your life
It can be easy when you're home.

Life can be easy
All you do is take the next step in your life
It's so easy to go home.

You can fly, spread your wings
You can let loose and give everything to your life
It can be so easy to go home

Time that you knew who you are,
and accept that you're worth it
You are the Best that there is, and, you Deserve it All!

Life can be easy,
Life can flow along
If you choose the easy way to go home

My Only Love

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My love, wake me up if I'm dreaming
You tell me that I'm loved
No matter what I do
Sometimes, I can't face the morning sun
Yet all the time, you tell me I'm the only one
My love, wake me up if I'm sleeping
You say that I am loved
No matter where I go
I must have done something right
To have you believe in me
Wanting me, loving me, only me

My love, wake me up in the evening
To see you lying there
Your eyes smiling at me
My heart is in your keeping
Wake me up, tell me I'm not dreaming
In my life, you're my only love

My heart is in your keeping
Wake me up, tell me I'm not dreaming
In my life, you're my only love

Hold the Light

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Long long ago in the place beyond time
You made a promise
A sacred trust in the Oneness of the Sound
That no matter how dark the world may appear
You will always remain in the Presence
To hold the Light, hold the Light, hold the Light ...

All around the world, the people need to feel
That someone watches over them with love to help them heal
Welcome in the Light when they feel apart
Help the children to remember
through the doorway of their heart

Hold the Light, you made a promise to yourself so long ago
Hold on, hold on to what you know is true
Your vision of love is all they need to see them through
Hold the Light 'till the last one comes home
And we'll all say together, Hold the Light

Children need to feel that you will always be
The one to hold the vision with the love to help them see
Let them always know that they are not alone
You'll be here to hold the candle, Light the way to lead them home

Hold the light, you made a promise to yourself so long ago
Hold on, hold on to what you know is true
Your vision of love is all they need to see them through
Hold the Light 'till the last one comes home
And we'll all say together, Hold the Light
Hold the Light 'till the last one comes home
And we'll all say together, Hold the Light

The Sun is Gonna Rise Again

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When your life comes to a crossing
And your hopes feel like a lost dream
Just remember the sun is gonna rise again

When your world tumbles around you
And you can't feel the love that surrounds you
Just remember the sun is gonna rise again

Take time today my love
Listen to the wind my love
Let go for now my love
Let love show you how my love

When you know you need a new direction
Go inside yourself for reflection
And remember the sun is gonna rise again

Walk down a misty lane
Listen to your heart again
Let go today my love
Let love show the way my love

When the river leads you and shows you a new way
Let yourself be carried and you'll always find your true way
And remember the sun is gonna rise again

Breathe into your life to light the ember
Take some time and you'll remember
That the big old sun is gonna rise again

Give Yourself Love

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Well you came here wearing nothin' but a smile
You came here to walk in style
But if you forget to rise above
All you gotta do... is give yourself love

Well you came here with many gifts to bring
You came here with a song to sing
But if you forget to rise above
All you gotta do... is give yourself love

Celebrate your life and all the stars shine brighter
Hum a little tune and all the children will sing
Dance a little dance and your heart feels lighter
Sing your love song, let the rafters ring

You can here from a distant star
You came here for being more of who you are
But if you forget to rise above
All you gotta do... is give yourself love, give yourself love

Celebrate your life and watch the miracles happen
Sing a melody and all the flowers will smile
Dance a little dance, let your toes start tappin'
Rhythm, as you walk in style

You came here to make a change
To shake up the system and rearrange
But if you forget to rise above
And even when change and times are tough
Remember that lovin' is enough
'Cause all you gotta do is give yourself love

Give yourself love 'cause that's where it starts
You're never gonna live if you can't hear your heart
Time to feel your feelings, let them come
Out of the rain, beat you own drum
You came here to turn on the light
Make yourself known, help the people unite
'Cause all you gotta do ...
Is give yourself love

Look At Us

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Look at me, my love
Look deep into my eyes
And you will see I'm not afraid anymore
Look at me and you will see
The Goddess of Love
Taking you, making you my own

Look at us, the two of us
Show the world we've joined together
We are free just to be who we are
Look at us, the two of us
Filling each other with our love
Look at us, together now
Forever and ever

Look at me, look at you
We made it through
Just by being Who We Are, my love
Reach your star, my love
God, how I love you

One Family

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from Judy's CD, *LET YOUR HEART SING*
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One family, holding hands
And joined in Being
One family
Look within ourselves and see
One beautiful being full of light
We're just One family
Glowing in Thy sight

One family
In this world to play our part
One family
One Voice, One Mind, One heart
One family, here we have come to know
We're just One family, going Home

One symphony
Blending colors in One song
One symphony
Healing hearts, growing strong
One melody
Pure as the soft winged dove
We're just One family
Singing our Love

One family
Breathing Love to all the earth
One family
Holding vision for the birth
Of One planet, the healing has begun
This graceful universe, All is One
We are a family
All is One

The Time is Now

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If ever there is a time
If ever there is a reason
If ever we give our hearts to love
The time is Now
If ever we're gonna join
If ever we're gonna get together
If ever we choose to rise above
The time is Now

Come on, look inside, Come on, let go
We have the power
Come on sister and brother, the time is Now
We're part of each other

If ever there is a time
If ever there is a chance to awaken
If ever there is time to start
The time is Now
If ever we live our truth
If ever we open to receive it
If ever we're gonna trust our heart
The time is Now

If ever we're gonna live
If ever we're gonna give to each other
If ever we will let go the past
The time is Now
If ever it's time to forgive
If ever it's time to live for the moment
If ever we feel the joy at last
The time is Now

Come on, look inside, Come on, let go
We have the power
Come on, sister and brother
The time is Now
Come on, come on, look inside, Come on, let go
We have the power
Come on, sister and brother
The time is Now
Come on, come on, look inside, Come on, let go
We have the power
Come on, sister and brother
The time is Now - to love one another
The time is Now, the time is Now
The time is Now, the time is Now