

Lyrics ♪ Inside Of Me Written and Recorded by Judy Armstrong

Sometimes

Music and Lyrics by Judy Armstrong
From the recording, *INSIDE OF ME*
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Shattered vision, shattered dreams
What has become of me
Where was I when the world passed by
I've been hiding from me

Sometimes, my heart inside is crying
And the world isn't sunny or funny anymore
I wonder what I'm striving for
Is anything worth dying for
And all the while, I'm trying more to see

But then sometimes
When I am still and listen
To my heart beat within me
Then I begin to see
And like the wind caressing
I receive a blessing
The miracle expressing is me

Ah, and the world isn't sunny or funny anymore
Ah, and all the while I'm trying more to see

But then sometimes,
When I am still and listen
To my heart beat within me
Then I begin to see
And like the wind caressing
I receive a blessing
The miracle expressing is me

Always Remember to Dream

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What would it be like to take out your dreams
And dust of the cobwebs again
What would it be like to play in your dreams
And ride on the wind again
What would it be like to laugh again
What would it be like to dance again
What would it be like
If you could only start to dream again

Dream your dreams, hope your hopes
Look around you and see
Sing your song, dance your dance
Be the best you can be
Think your thoughts, live your life
And remember to see
All that life brings to you
Always remember to dream, dream
Always remember to dream

Dream your dreams, share your joy
And be true to your heart
Cry your tears, smile your smile
Tie your dreams to a star
Give your gifts, take your time
As you flow with the stream
Of life, and all that it gives to you
Always remember to dream, dream
Always remember to dream

Dream your dreams, play awhile
Take a look at yourself
See your Light shining through
Weave a magical spell
Feel the breeze toss your hair
Circle round with the stream
Of life, give back what it gives to you
Always remember to dream, dream
Always remember to dream

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Momma and Papa, I've been away too long
Where did I, when did I
Stop singing my song
All the little children inside of me
Are crying, and trying so much to be free

Mommy and Daddy, if I were small again
I'd always remember, you loved me, and then
I'd live my life feeling all that I can
I wouldn't hide what's inside of me

Oh Father, Oh Mother
Let me be a child again
Hold me in your arms again and let me cry

Mama and Papa, cradle me awhile
And let me remember the love in your smile
All the secret longings inside of me
Are haunting me, wanting so much just to be

Mommy and Daddy, I'm comin' home again
The child that's inside me has still always been
A beautiful child, feeling everything
I'm not gonna hide what's inside of me
Just watch me smile
'Cause I'm lovin' me

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Breathe, breathe, breathe into the fire,
Breathe, breathe, breathe into the fire

Breathe into the center of the fire
Let the rhythm lead you on
Breathe until you give what you require
And breathe, until the ache is gone

Breathe right through the dream of the illusion
Breathe, don't judge what's right or wrong
Breathe until the breath releases fusion
And breathe, until the ache is gone

CHORUS

Breathe and remember
Breathe, surrender
Breathe through the center
Breathe, surrender

Breathe, breathe, breathe into the fire ...
Breathe, breathe, breathe into the fire ...

Breathe and bring your pain into the open
Breathe, be true to what you feel
Breathe, and breathe again, and take this moment
And breathe, 'till you begin to heal

CHORUS

Breathe and remember
Breathe, surrender
Breathe through the center
Breathe, surrender

Breathe, breathe, breathe into the fire ...
Breathe, breathe, breathe into the fire ...

Breathe into the knowingness within you
Breathe, surrender, give up the fight
Breathe and feel the love that's always in you
And breathe, 'till you become the Light

CHORUS

Breathe and remember who you are
Breathe, surrender to who you are
Breathe through the center of who you are
Breathe, surrender

Breathe, breathe, breathe into the fire ...
Breathe, breathe, breathe into the fire ...
Breathe, breathe, breathe into the fire ...
Breathe, breathe, breathe into the fire ...
Breathe, breathe, breathe into the fire ...
Breathe, breathe, breathe into the fire ...
Breathe, breathe, breathe into the fire ...

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Beloved Child

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Beloved child, rest a little while and hear me
Beloved child, rest a little while, be near me
It's all right to let the tears fall
You can rest in my arms for awhile

Beloved child, where do you think you're going
My lovely child, go into the silence, knowing
That you are all that I AM, my love
Take me in to your heart from above

In your dream you thought I had gone away
But I AM Here forever

Beloved child, you are only love expressing
My lovely child, do you know your life's a blessing
Breathe me in to your soul, my lamb,
You already know Who I AM

In your dream, you thought I had gone away
But I AM Here forever

Beloved child, rest a little while and hear me
Beloved child, rest a little while, be near me
In this lifetime you will reach your star
You already know Who You Are

Live Again

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Listen to my heart, I'm trembling
Listen to my heart, I'm shivering
If I listen to my heart
Maybe I will start to live again

Why am I afraid I'm dying
So then what's the use of trying
I feel like breaking out
Throw off all the doubt and live again

I want to live my life, living and being
Not find when I am through
I didn't do what I wanted to
I want to be just what I want to be
Living my truth for all of the world to see

So, what would it take to remember
When I'm like a dying ember
If I would only just
Learn to live and trust the Power within me

I won't be afraid of changing
Breaking through my shell, arranging
My life, the way it's been
It's time to go within and win again

I want to live my life, moment by moment
Going right through the pain
And find again who I am
I want to let go of all that's holding me
And keeping me back
From all the love that's enfolding me

So, listen to my heart, it's beating
Telling me again, repeating
That if I listen to my heart
It's the only way to start to live again

Listen to my heart, I'm glowing
Bathing in the grace of knowing
When I look inside and see the wonder that is me
I'll begin again, be my own best friend
I'm gonna win and Live again!

I Call Your Name

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I call your name in the sunlight
I call your name on the wind
I call your name when I'm by myself
And the music begins

I call your name when I'm crying
I call your name through a storm
And I know, when I'm by myself
Your name will keep me warm

I call your name and a smile appears
I call your name and my loneliness disappears
You are my star shining in my life
When I call your name

I call your name in the evening
And your eyes light my way
I call your name and the heavens
Seem to dance a serenade

I call your name and a smile appears
I call your name and my loneliness disappears
You are my star shining in my life
When I call your name

Baby I'll Try

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Baby I'll try, if you will guide me
Maybe I'll try, these feelings inside me
Want to hold you, never let go

Baby I'm scared, because I want you
What if I dared to want you
Want you to hold me, never let go

What if I, what if I let you know me
All of me
What if I broke down and cried
Please be here to hold me

Baby I'm here, wanting to open
Let go my fear, and know that I can
Let you hold me, never let go

What is I, what if I let you know me
All of me
What if I broke down and cried
Please be here to hold me

Baby I'll try to stand before you
Maybe I'll try to walk toward you
Let you hold me, never let go

What if I, what if I let you know me
All of me
What if I broke down and cried
Please be here to hold me

Baby I'll try to come out of hiding
Baby I'll try, these feelings inside me
Want to hold you, want to know you
Know all of you, want to love you
Want to hold you now

Together Through The Light

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When I'm feelin' sad and so scared of the sunlight
When I feel so bad that I can't see the One Light
Well it's then, I discover
That my sisters and brothers are calling my name
And I'm not afraid anymore to walk through the door

CHORUS

We'll go together through the Light
We'll grow together, and never lose sight
We'll know forever, the eagle's flight
We'll go together through the Light

Well don't you think it's time
That I threw away all my worries
Don't you think it's time
That I blew away all my fears
Well it's time I surrendered
'Cause my sisters and brothers are here, I can tell
I don't have to walk by myself, I'm asking for help

CHORUS

We'll go together through the Light
We'll grow together, and never lose sight
We'll know forever, the eagle's flight
We'll go together through the Light

Well don't you think it's time
That I listened to the One Voice
Don't you think it's time
That I heard my soul
'Cause I feel when I listen
To my sisters and brothers
It's then that I know, I don't have to walk all alone
They're calling me home

CHORUS

We'll go together through the Light
We'll grow together, and never lose sight
We'll know forever, the eagle's flight
We'll go together through the Light

REPEAT CHORUS

We'll go together through the Light
We'll grow together, and never lose sight
We'll know forever, the eagle's flight
We'll go together through the Light

Together through the Light
Together through the Light

The Time Has Come

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The time has come to throw away my foolish fears
The time has come to soar
The time has come to smile away the wasted years
Holding on doesn't serve me anymore

The time has come to choose to walk another way
The time has come to dance in the sun
To sing the song that is played for me
To live the life that is made for me
To laugh, to play, to run,
The time has come

The time has come, no looking back and no regrets
The time has come to fly
The time has come to stretch my wings
And let the wind carry me
To my rainbow in the sky

The time has come to light a candle in the dark
It's time to be number one
To trust my heart as it beats for me
To hear the song that repeats for me
To know that I have won
The time has come

The time has come to let the windows open wide
The time for hiding is done
I'll show the world the rest of me
I'll be myself, live my destiny
My dance of life's begun
The time has come, the time has come
The time has come

Welcome Home

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Welcome, baby mine
Your mommy and daddy are here
You are safe in our arms
The angel choirs are near

Bring the pure joy and love of your being
To all the universe, healing
And dance through life
Sing your song so bright
That all the earth will feel your birth

Welcome home, my baby
Feel at home, my baby
Welcome home my baby
To the Light

Gather All the Little Children

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Gather all the little children
From each corner of the earth
Gather all the little children
And let them know their worth
Gather all the little children
For we are all little children
Wanting so, to be known
Traveling Home

Gather all the little children,
And help them ease their pain
Gather all the little children
And help them trust again
Gather all the little children
For we are all little children
Searching for, an open door
Traveling Home

Gather all the little children
From all the many realms
Gather all the little children
And help them love themselves
Gather all the little children
For we are all little children
Centering, surrendering
Traveling Home

Gather all the little children
And bring them center stage
Gather all the little children
To usher in this new age
Gather all the little children
Be a Light for all the children
Teaching them, reaching them
Knowing them, showing them
Loving them
As we're traveling Home

